

# CENTRAL UNIVERSITY OF KERALA

Established by the Parliament of India vide the Central University Act, 2009 (No.25 of 2009)

Tejaswini Hills, Periye, Kasaragod, Kerala, INDIA 671 316



# EK BHARAT SHRESHTHA BHARAT KERALA – HIMACHAL PRADESH

# **CUK CONTINGENT VISIT TO HIMACHAL PRADESH**

**A Brief Report** 

(Youth Exchange Programme – March 5<sup>th</sup> to 8<sup>th</sup>, 2020)



## CU Kerala and CU Himachal Pradesh

Central University of Kerala student Contingent of 18 men and 32 women, accompanied by Dr. Efthikar Ahamed B., Nodal Officer of EBSB Student Exchange Programme and Dr. Asha S., Assistant Professor of English, visited Central University of Himachal Pradesh and participated in many activities from 05.03.2020 to 8.03.2020.

# The Journey Begins...

The contingent started the journey on 02.03.2020, which was flagged-off by Prof. Dr. G. Gopa Kumar, the Hon. VC from CUK Periye Campus to Kasaragod Railway Station. Prof. Dr. K. Jaya Prasad, the PVC of CUK, along with many officials, was also present to see the Contingent off to the Himalayan State.



# A Short Stop-over - New Delhi

The team had a short stop-over of 8 hours at Kerala House, New Delhi, before catching their train to Pathankott. They had an opportunity to meet some of the Members of the Parliament from Kerala there, including Shri. Rajmohan Unnithan, the MP of Kasaragod, where which a brief discussion was held.



After that, they visited places like Jantar Mantar and Connaught Place before boarding the train from Old Delhi Station at 9 PM to Pathankott.



#### Welcome to CUHP...

The contingent arrived at Pathankott Cantonment Railway Station in the early morning on 5<sup>th</sup> March 2020, where which they were received by the EBSB Team of CUHP led by Shri. Hari Krishnan, Assistant Professor of Media Studies.

They reached the CUHP Dharmashala Campus by the noon time after having a three hour bus trip. A warm traditional Himalayan-style welcome was given by the team of Prof. Dr. Prof. (Dr.) Kuldip Chand Agnihotri, the Hon. VC of CUHP, Prof. H. R. Sharma (PVC), and Dr. B.C. Chouhan (the CUHP EBSB Nodal officer), Dr. Manpreet (EBSB Prog-in-Charge) and students along with the faculty and staff members at the Dharamshala College Auditorium. Students smeared Kumkum over the forehead and performed their traditional dancing steps.



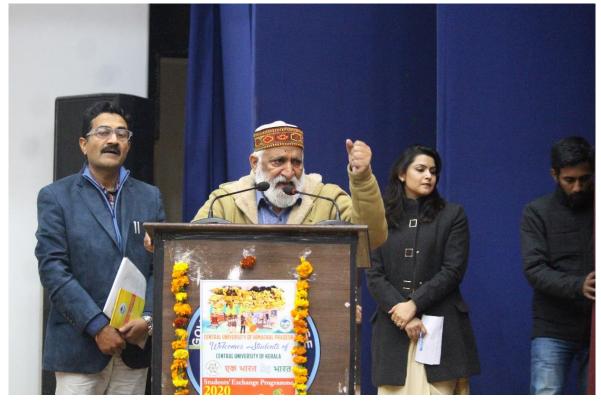






# **Official Inauguration**

The inaugural address was delivered by the Hon VC of CUHP. Prof. H. R. Sharma (PVC), and Dr. B.C. Chouhan (the CUHP EBSB Nodal officer) Dr. Efthikar Ahamed (CUK EBSB Nodal Officer) felicitated the function. Various Cultural art forms were performed by the students of Himachal and Kerala after this.



Dr. Efthikar Ahamed, the CUK team leader, handed over the gift of the Hon. VC of CUK to the Hon. VC of CUHP.



## **Cultural Feast**

Various Art forms were performed by the students of Himachal Pradesh and Kerala highlighting their respective indigenous cultures.

#### **Naati Dance**



#### **Thiruvathira**



# Vattappaattu



# Theyyam



Margam Kali



8

# Oppana



# Mohiniyaattom



**Folk Dance** 



# Day 2

# **Agriculture University Campus, Palampur**

On 6<sup>th</sup> March 2020, the Contingent Visited Himachal Pradesh Agriculture University Campus at Palampur and had a first-hand knowledge about the various agricultural methods and research activities used in the HP crops and fruits.



An interactive session with the Deans of the University was another attraction.





# **Shobha Singh Art Gallery**

The Contingent then moved to visit the nearby Shobha Singh Art Gallery, and Pottery House after the lunch.



The Tea Gardens of Palampur was the next destination, followed by an exploration of Local Market at Dharamshala.



## Day 3

# **Rural Immersion Camp**

On 7<sup>th</sup> March, a Rural Immersion Camp was held at one of the mountain ranges of Dharmashala where which the students had a rare opportunity to have an interaction with the Rural Mountain Community and experience their ways of life. The students were able to understand the social, cultural and ecological aspects of the Community and taste the hospitality of the people with indigenous food and music.









# The Rural Living with the Pahari Community









#### Garah - the Folk Song

Rendition of Garah, the traditional folk song of Himachal Pradesh with the accompaniment of the musical instruments Khanjiri and Ramana was a tremendous experience during the rural immersion programme. Gharai, the singer sang spiritual stories of various Gods.

He also performed some songs worshipping Lord Shiva during the festival called Nuala.





### Mc-Leod Ganj

In the afternoon, the students visited Mc-Leod Ganj, which is known as "Little Lhasa" or "Dhasa" because of its large population of Tibetans. The Tibetan government-in-exile is headquartered in McLeod Ganj. In the evening, the team paid a visit to the Dalai Lama Temple and McLeod Ganj Market.









The team later moved to St. John in the Wilderness Church, a place of historical importance at Dharamshala.





#### In the Market

Roaming around in the streets and the shopping markets of Kangra Town in the evening with some purchase and market study was an unforgettable experience.







# Day 4

## **Kangra Fort**

On 8<sup>th</sup> March 2020, the team visited the historical monument, Kangra Fort, which is 20 KMs from the town of Dharmashala on the outskirts of Knagra. The students were able to gain a first-hand experience and information about the history of the Royal Rajput family of the State and the historical figures like Raja Sansar Chand II.







#### Farewell...

The team was well received by the inmates of the Boys' Hostel of CUHP along with Dr. B.C. Chouhan (the CUHP EBSB Nodal officer), Dr. Manpreet (EBSB Prog-in-Charge), and Prof. Dr. Roshan Lal Sharma (DSW) in the afternoon, where an Interaction with CUHP students and faculty members was arranged. After sharing the vibrant experiences, giving the feedback, and performing the combined cultural art forms, the Contingent was given a befitting farewell.



















The Contingent started their return journey by moving to Pathankot at 4.30 pm by bus to catch the return train and they reached back at 3.30 am on 12.03.2010 at Kanhangad Railway Station.



# In the Media





Prepared by: Dr. Efthikar Ahamed B. (Nodal Officer, EBSB Student Exchange, CUK)